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**Willpower: Rediscovering the Greatest Human Strength**. By Roy F. Baumeister and John Tierney. Allen Lane, 304pp, Pounds 20.00. ISBN 9781846143502.

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### **Willpower : npr**

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Willpower: Rediscovering the greatest human strength, by Roy F. Baumeister and John Tierney, New York, The Penguin Press, 2011, 291 pp., US\$27.95 (hardback), ISBN-13

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Abstract: Willpower: Rediscovering the Greatest Human Strength, by Roy F. Baumeister and John Tierney "The elusive forces behind a person's willpower have been the