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Winter authored the book "**So You Want to be a Sprinter**," still one of the leading works on the subject of sprinting. There is also a video by the same name "**So You**
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The original two versions (1956, 1973) written by So You Want to be a Sprinter: Bud Winter: 9780984612017: Amazon. This post is an excerpt from Ophira Eisenberg ;

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printer, sinter, splinter, sprinter, squinter, tinter. 2 winter. verb winter bud; winter bunting; winter. Seen & Heard. What made you want to look up winter?

John stallcup (foreword of so you want to be a

John Stallcup is the author of So You Want to be a Sprinter (4.75 avg rating, 4 ratings, 0 reviews, published 2011) and The Rocket Sprint Start

So you want to be a sprinter (english edition)

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Bud winter.com

Bud Winter .com. Legendary coach of Relax and Win 2012 Edition; So You Want to be a Sprinter; The Rocket Sprint Start; Special Classics Bundle; Audio. Arthur

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I know Bud Winter has at least 3 books. Relax and Win (details his WW2 relaxation training, etc), So You Want To Be A Sprinter, and The Rocket Sprint Start.

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